



The Franklin Central Flashes cross country teams proved once again to be amongst the elite in the state during the 2010 campaign. The boys team captured the I.H.S.A.A. Sectional and Regional championships and also captured the Freshman Marion County championship. All season, the boys were led by junior Jason Crist. Jason captured the individual championship at the Lafayette Harrison and Ben Davis Invitationals, as well as the Conference Indiana and I.H.S.A.A. Sectional and Regional races. Jason finished runner-up in the

I.H.S.A.A. Semi-State and the following week matched that performance at the State Championship Meet. He also was runner-up in the 1,600 meter run at last spring's I.H.S.A.A. State Track and Field Meet.



The Flashes girls team enjoyed another outstanding season by capturing the team titles at the Lafayette Harrison, Huntington North and Flashrock Invitationals. They were also victorious at the Marion County and I.H.S.A.A. Sectional and Regional Meets. The Flashes qualified for the State Meet as a team by finishing fourth in the I.H.S.A.A. Semi-State. Their fourth place finish in the State Championship Meet marked the third consecutive year the Flashes have

been one of the top four teams in the state. Participating for Coach Matt Sweetman's Flashes during their state tournament run were Jasmine Al-Anzi, Nadia Al-Anzi, Alex Green, Meredith Jackson, Natalie Nolting, Kirsten Taft, Carolyn Talhelm and Emily Webb.

Congratulations to Jason Crist and the Flashes girls cross country team on outstanding performances!